

IF YOURS IS A "BOTTLE BABY," MOTHER, YOU MUST STUDY THE BABY'S FOOD PROBLEM THE FIRST THREE MONTHS MORE CLOSELY THAN YOU EVER STUDIED ANYTHING BEFORE.

BY DR. MARGARET VAUPEL CLARK.

The mother should be the only one who may prepare the milk for the unfortunate baby who is bottle fed to insure perfect cleanliness.

There should, if possible, be a bottle for every feeding and after thoroughly rinsing in cold water every bottle and nipple should be boiled for five minutes after every feeding and again five minutes before you give it to your child. It is impossible to give a receipt for preparing babies' milk as no two children thrive under the same feeding.

I would advise consulting a doctor or your nurse about this. In selecting the milk for the feedings you must be sure that it is pure and kept in air-tight vessels at a temperature of 40 degrees F. One bottle of tainted milk may be fatal to your baby.

Bowel and digestion troubles come often from unclean milk and milk that is not kept in the coldest compartment of the refrigerator than any other cause in the "bottle fed" baby. Don't buy milk from dealers who use preservatives.

There is no cow's milk so pure and good that it is suited to the digestion of a baby without modification.

When you find that with a milk and water feeding your baby's bowels are becoming loose use barley water in the milk instead of boiled water.

The accepted way of making barley water in the children's hospitals is one level tablespoon of Robinson's barley flour to one quart of cold water. Mix the flour with a little water to a smooth paste and add remainder of water and cook one hour in a double boiler. Remove from the fire and strain. Add enough boiled water to make a quart.

When the baby grows constipated use oatmeal water to dilute its milk. Oatmeal water is made the same way as barley water, using a heaping tablespoonful of oatmeal instead of barley.

Give the baby a little cool boiled water if it cries and appears hungry between meal times.

Dr. L. Emmet Holt says: "The question whether a child shall be strong and robust or a weakling is often decided by its food during the first three months."

"The problem is not simply to save the child during the perilous first year but to adopt those means which will tend to a healthy and normal growth of the child."

Not just babies, but better babies is what we want.

"AND THE CAT CAME BACK"—180 MILES

Animal Makes Quick Trip From Adirondacks to Its Home in Canaan, Conn.

WINSTED, Conn., July 28.—When Dr. H. L. Ross, a dentist of Canaan, left there in his automobile for the Chateaucat club, of which he is a member at Lake Chateaucat, in the Adirondacks, early in the month, he took along a maltese cat which he called Farnum, a druggist in Canaan, had given him.

Just 12 days later, when Farnum was looking up his store at night, the same cat, thin and starved almost to death, appeared at the door. It had hiked 180 miles.

Mrs. Ross wrote to her husband, telling him of the cat's return and asking him if he succeeded in getting it to the mountain resort or whether it escaped on the way.

Yesterday she received a letter in which Dr. Ross said he had the cat when he reached the Chateaucat club, but that on the second day it was missing and no trace of it had been found. It was feared at the club that the animal had been caught by a wild cat or a young bear, which abound in



ALL READY FOR HIS BOTTLE.

the mountains, or fallen prey to some other wild beast.

MEMBER OF I. N. GUARD DIES FROM HIS WOUND

Serg. Edwin Ball, Who Did the Shooting, is Still Confined to the Guard House.

INDIANAPOLIS, July 28.—Walter Dowell, a private in the Indiana National guard, who was shot by Sergeant Edwin Ball Wednesday night while trying to escape, after having been arrested for smuggling liquor into the camp of the annual state encampment of the state soldiers, died Sunday at a local hospital. A bullet wound in the abdomen caused his death.

After the shooting Sergeant Ball was taken by the police but later turned over to the national guard and has been confined in the guard house at Fort Benjamin Harrison.

FALL CAUSE OF DEATH

Motorcyclist Tries to Avoid Collision With a Wagon.

INDIANAPOLIS, Ind., July 28.—Wilbur E. Egbert, 26, was killed here Sunday when he fell from his motorcycle. He was attempting to avoid a wagon and in swerving to one side the

front wheel became turned at right angles to the machine and the rider was thrown over the handle bars.

"BIRTH STRIKE" FAVORED

Berlin Socialists Would Depopulate Country to Force Reforms.

BERLIN, July 28.—Declaration of a "birth strike" was suggested at a socialist meeting held to discuss the advisability of a general strike as the best means of bringing about electoral reform in Prussia. The father of the idea was Dr. Alfred Bernstein, who declared that most successful pressure would be exerted on the government if mothers would announce:

"We will bring no children into the world to become citizens of this state unless better rights of citizenship are accorded."

What the socialists oppose is the three class election system, by which a poor man has from one one-hundredth to one five-hundredth of the power of a rich man.

TWENTY-SEVEN HURT WHEN CARS OVERTURN

Cars Filled With Tourists on the Switzerland Trail at Boulder, Colo.

BOULDER, Colo., July 28.—Twenty-seven persons were injured, none seriously, in a wreck on Switzerland trail near here Sunday, when four cars overturned. The cars were filled with tourists.

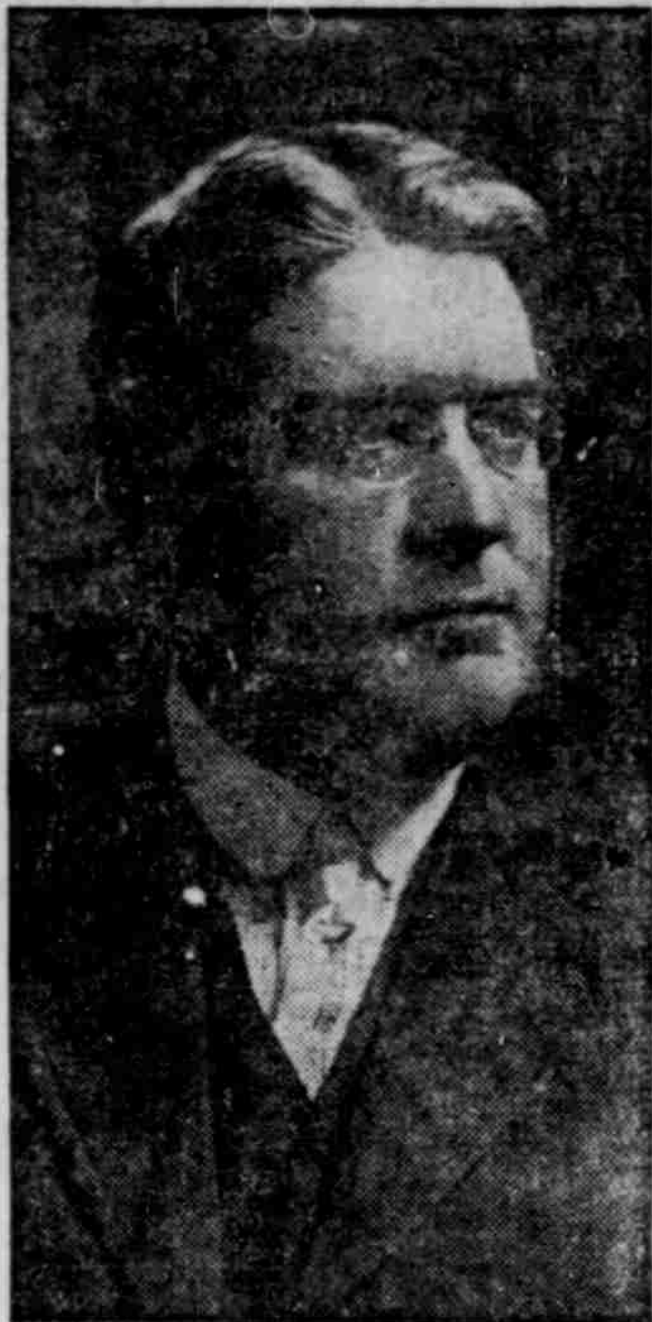
The cars were on the Rio Grande, Boulder and Western railroad. Among those probably fatally injured were Mrs. Martha Chalfant and Miss Blanche Chalfant, Shinnston, W. Va.; Mrs. John Henson and Laura Henson, Chicago. All suffered internal injuries and cuts from breaking glass.

SHOOT HIMSELF AFTER TALKING TO HIS WIFE

Douglas Hertz Hears From Wife Over Telephone After Several Days' Absence.

KANSAS CITY, July 28.—Douglas Hertz of Kansas City, whose wife disappeared from a hotel in St. Louis last Thursday, shot and dangerously wounded himself after a telephone conversation with her here Saturday. Mrs. Hertz was located Saturday at the home of a friend. Hertz entered a saloon and telephone Mrs. Hertz from there. After a long conversation he stepped away from the telephone and shot himself.

Soon after Hertz was taken to a hospital a woman who the officers said was Mrs. Hertz telephoned the police headquarters to learn whether a man had shot himself.



Patrick J. Houlihan, with offices at No. 113 South Michigan Street, Democratic candidate for City Judge at the Primaries to be held August 6th, has been a resident of this city all his life.

He has been engaged in the active practice of his profession seventeen years. He has been a tax payer twenty years.

He has never held any political office.

Mr. Houlihan earnestly solicits your support at the primaries August 6th.—Ad.

PURDUE MEN TO VISIT LAPORTE COUNTY FARMS

County Agent Will Have Men to Explain How Wheat Ground Should be Prepared.

LAPORTE, Ind., July 28.—L. B. Clore, county agent, has arranged for a series of meetings over the county for three days in the middle of August. Purdue university officials have promised to send an expert on wheat here who will give lectures at the different places. Mr. Clore proposes to have the expert make four and five speeches each day at different points in the county for the three days he will be here. This will enable every farmer in the county to hear him without making a long trip.

Many of the farmers of the county had good wheat yields and many of them, according to Mr. Clore, had enough wheat on some of the fields to pay for cutting the grain. It is for the purpose of explaining to the farmers about how ground had ought to be prepared and the wheat sowed that the Purdue man is being brought here.

RESINOL STOPS BABY'S ECZEMA

Relieves Itching Instantly and Soon Clears Away All Eruptions.

There would be fewer babies tortured and disfigured by eczema, fewer mothers worn out by constant worry and loss of sleep, and fewer lives made miserable by skin troubles that have persisted since infancy, if every woman only knew about Resinol Ointment and Resinol Soap.

Simple baths with Resinol Soap and a little Resinol Ointment spread on the tortured skin, stop the itching instantly, and quickly and permanently clear away the eruption. And the Resinol treatment is so pure, gentle and absolutely harmless, that it can be used with perfect safety on baby's tender skin. Doctors have prescribed Resinol regularly for eighteen years, and thousands of babies owe their skin health to it. Every druggist sells Resinol Ointment and Resinol Soap. Trial free; Dept. 13-P, Resinol, Baltimore, Md.—Advertisement.

Geo. Wyman & Co.

COME AND SEE US.

TRUNKS—SECOND FLOOR.

Famous Indestructo Trunks, 1/2 Price

A large purchase of Indestructo discontinued numbers enables us to make these low prices.

All models fully equipped, made with reinforced corners, fitted with either ladies' or gents' trays.

You'll need one for that August vacation—now they're at half price and in some models better than half.

Indestructo Tourists—

	Sale Price
32 inch Tourist Steamer	5.00
32 inch Tourist Men's	6.00
36 inch Tourist Ladies'	6.00
36 inch Tourist Men's	7.00
40 inch Tourist Steamer	8.00

Indestructo Specials—

	Sale Price
40 inch Steamer	10.00
40 inch Men's	14.50
40 inch Ladies	16.50
36 inch Men's	12.50
36 inch Ladies'	14.50

Leather Bag, leather lined, 16 or 18-inch, 5.75

Regular 7.00 to 10.00 Values

Wyman's Annual Blanket Sale Commences

Friday, August 1st 8:30 A. M.

3000 Pairs Sample Blankets All Wool and Cotton Blankets

Reduced

1/4 to 1/3 Actual Value

NOTICE OUR WINDOWS

COME AND SEE US

GEORGE WYMAN & CO.

CUBS WIN TWICE.

The South End Cubs indoor ball team defeated Christman's team by scores of 15 to 14 and 18 to 1, Saturday afternoon. Batteries for winners, first game, Swineheart and Raabe; second game, Zullmer and Raabe.

The Cubs wish to arrange a game with the Gas Co. team or the Chestnut St. Stars for next Saturday. For games phone Bell phone 1559.

The Cubs will play the Mishawaka firemen next Sunday morning.

RED MEN'S PICNIC.

A large crowd attended the annual picnic of the Redmen at Hudson lake Sunday. Two cars were filled. The day was spent in athletic games. In the ball game the South Bend tribe defeated the Mishawaka tribe by 13 to 12. This makes the third time that the South Bend tribe has defeated Mishawaka.

FUNERAL HELD FOR THE FIRE VICTIMS

BINGHAMTON, N. Y., July 28.—Attended by thousands of mourners, many of them relatives or close friends of the victims, the funeral of the 21 unidentified dead who lost their lives in the Binghamton Clothing Co. fire, took place Sunday.

Services were held in the opera house, clergymen of all the religious denominations taking part in the exercises. A special trolley funeral car bore the 21 caskets to Spring Forest cemetery, this method being resorted to because there were not enough hearses in the city for the purpose.

Firemen and policemen bore the coffins to the graves, which are ranged in a circle, an open space having been left in the center, where a monument will be erected.

LITTLE GIRL LOST.

Little Mary Kaman, five-year-old daughter of John Kaman of Anthony st., lost her way Sunday afternoon and was taken to the police station. She was compelled to stay there until her father, who missed her at 8 o'clock, four hours after she was lost, came to take her home.

For Cuts, Burns and Bruises

In every home there should be a box of Bucklen's Arnica Salve, ready to apply in every case of burns, cuts, wounds or scalds. J. H. Polanco, Delvalle, Tex., R. No. 2, writes: "Bucklen's Arnica Salve saved my little girl's cut foot. No one believed it could be cured." The world's best salve. Only 25c. Recommended by All Druggists. Adv.

LANSING.—General Manager Towley and other officials of the Ann Arbor railway, which operates about 300 miles of trackage in Michigan, have given notice that the company intends to contest the two-cent fare law in the courts.

PENNSYLVANIA LINES

CONVENIENT TRAINS TO

NEW YORK AND THE EAST

WEEK DAYS DAILY
Lv. South Bend, 9.45 am 4.30 pm

Connect at Plymouth with Through Trains over Fort Wayne Route to Pittsburgh and Harrisburg, Baltimore, Washington, Philadelphia, New York, Atlantic City and other Seashore Resorts.

For further information, consult

W. H. McNITT, Ticket Agent,

SOUTH BEND, IND.

FOR THIS HAVE WE DAUGHTERS

